

HIGH VAGINAL SWAB STUDY IN PRETERM LABOUR AND PRETERM PREMATURE RUPTURE OF MEMBRANES AND ITS RELATIONSHIP WITH NEONATAL SEPSIS

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ABSTRACT

BACKGROUND

Preterm labour is one of the most challenging obstetric complications encountered by obstetricians. Preterm delivery affects one in ten births (11%) and even greater in developing countries. In the United States, preterm birth accounts for approximately 2/3rd of infant deaths. Prematurity is the cause of 80-85% of neonatal morbidity and mortality in developing countries. In India, prematurity is associated with 75% of perinatal mortality. Maternal infections precipitate preterm labour. One of the most important aetiology of preterm labour and preterm premature rupture of membranes is maternal lower genital tract infection and this leads to increased neonatal infections.

The objectives of the study were- 1) To find out the prevalence of vaginal infection in preterm labour and preterm premature rupture of membranes. 2) To find out the incidence of neonatal sepsis and its relationship with vaginal swab culture in preterm premature rupture of membranes and preterm labour. 3) To identify common organisms in high vaginal swab culture and its antimicrobial sensitivity.

MATERIALS AND METHODS

This is a prospective observational study conducted for 12 months from October 2016 to October 2017, in the department of Obstetrics and Gynaecology, Government Medical College, Kottayam. In a previous study by Taralekar Vaishali et al, incidence of genital tract infection in preterm labour was about 59%. For the present study, a conservative estimate of 50% is used in sample size calculation and it is n=105. Statistical analysis is done by using SPSS software.

RESULTS

Out of the 105 subjects included in this study, 74 were diagnosed with preterm premature rupture of membranes (70.5%), and 31 (29.5%) with spontaneous preterm labour. Majority were in the age group of less than 22 years. Regarding gestational age, 61.9% came under late preterm gestation, majority being primigravidae. Of the 20% positive cultures, most common organism isolated was E.coli (8.6%) and prevalence of genital infection in spontaneous labour and preterm premature rupture of membranes were 16.1% and 21.6% respectively. Most of the isolated organisms were resistant to Ampicillin and sensitive to Cephaperazone-Sulbactam. In this study, 34.3% had neonatal sepsis, 51.4% needed neonatal intensive care and 15.2% succumbed to neonatal death. In 21 positive swab cultures, 88% had neonatal sepsis and 47% died during neonatal period. Relation between the birth weight and neonatal sepsis was statistically significant.

CONCLUSION

Maternal genital tract infection is one of the causes of preterm labour and preterm premature rupture of membranes. The dictum "prevention is better than cure" applies very well to the management of preterm birth.

KEYWORDS

HVS, PPROM, NICU, WHO, FIGO, NND, CRP.

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BACKGROUND

World Health Organization (WHO) and the International Federation of Gynaecology and Obstetrics (FIGO) defined

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that the preterm infants are those delivered before 37 weeks of completed gestation. Preterm birth is subdivided in to (1) early preterm - birth before 33 weeks 6 days, (2) late preterm – birth between 34 - 37 weeks. Late preterm births comprise 70% of all preterm births. Preterm premature rupture of membranes (PPROM) is defined as spontaneous rupture of the fetal membranes before 37 weeks of gestation and before the onset of labour.¹

Preterm labour is one of the most challenging obstetric complications encountered by obstetricians. Preterm delivery affects one in ten births (11%) and the percentage is even greater in developing countries. In United States,

preterm birth accounts for approximately 2/3rd of infant deaths.² Prematurity is the cause of 80-85% of neonatal morbidity and mortality in developing countries.¹ In India, prematurity is associated with 75% of perinatal mortality.³

While most of the causes of preterm labour are not known, various conditions have shown to be associated with an increased risk of preterm delivery. Four main causes of preterm birth are (1) spontaneous preterm labour, with intact foetal membranes – 40%, (2) PPRM – 30%, (3) iatrogenic and delivery for maternal and foetal indications accounting for 20 – 30%, (4) twins and higher order multi foetal birth. Despite considerable advances in obstetric care, preterm labour continues to be a major cause of perinatal morbidity and mortality.¹ Studies indicate that one of the most important aetiologies of preterm labour and PPRM is maternal lower genital tract infection and the risk of neonatal infection is increased among mothers whose genital tract is colonized with Group B- Streptococci and other virulent microbial organisms. Infection in early gestation may lead to congenital anomaly, abortions and altered foetal growth whereas preterm labour, PPRM and neonatal sepsis are more prevalent in late onset group.⁴ Significant progress has been made in the care of premature babies, but not in reducing the prevalence of preterm birth.⁵ All neonates suspected to have sepsis, should undergo a sepsis screening to corroborate the diagnosis and include total leukocyte count (<5000/mm³), absolute neutrophil count (low count), positive CRP (C- reactive protein) >2 mg/dl.³ Antibiotics have become an important part of the recent treatment for PPRM and preterm labour, which prolong the pregnancy and decrease maternal and neonatal morbidity and mortality.⁶

This study is about the relation of preterm labour and PPRM to maternal genital tract infections and it's association to neonatal sepsis. Also, it aims to find out the common organisms in maternal lower genital tract infection in preterm labour and PPRM, and their antibiotic sensitivity.

Objective

1. To find out the prevalence of vaginal infection in preterm labour and PPRM
2. To find out the incidence of neonatal sepsis and it's relationship with vaginal swab culture in PPRM and preterm labour in present study
3. To identify common organisms in high vaginal swab culture and it's antimicrobial sensitivity

MATERIALS AND METHODS

This is a prospective, observational study conducted for 12 months from October 2016 to October 2017, in the Department of Obstetrics and Gynaecology, Government Medical College, Kottayam, Kerala. Antenatal women with gestational age between 28 weeks to 36 weeks 6 days, who got admitted with preterm labour or PPRM in labour room were selected. Above population with singleton foetus with cephalic presentation and no other medical, surgical or obstetric complications were included.

Pregnant women with gestational age <28 weeks and >37 weeks, those with obstetric and other medical complications like oligohydramnios, polyhydramnios, IUD, foetal anomaly, gestational diabetes, abnormal presentation, placenta praevia, gestational hypertension, multifoetal gestations and those induced for maternal and foetal indications were excluded.

Sample Size

From a previous study by Taralekar Vaishali et al, genital tract infection in preterm was about 59%. In this study, a conservative estimate of 50% is used in sample size calculation and it is n= 105. Approval from the Institutional Scientific and Ethics committee was taken, and informed consent was obtained. Gestational age was confirmed by LMP and first trimester USG. The study variables are maternal age, obstetric score, gestational age, spontaneous preterm labour or PPRM, culture positivity, antibiotic sensitivity of isolated organisms, baby birth weight, neonatal sepsis and neonatal death.

Statistical Analysis

Statistical analysis is done by SPSS software data variable. The categorical variables are analysed by the Chi square test and p value < 0.05 is taken as statistically significant.

Limitation of the Study

Micro-organisms like Gardnerella vaginalis, Fusobacterium, Mycoplasma hominis and Ureaplasma urealyticum causing female genital tract infections cannot be detected by conventional culture method. In the Department of Microbiology at Government Medical College, Kottayam, routine swab cultures are done in MacConkey's medium. Group B Streptococci will not grow in this medium. Hence prevalence of culture positivity in this group will be less.

RESULTS

Total of 105 subjects were included in this study and out of these 74 patients were diagnosed with PPRM (70.5%), and 31 (29.5%) patients were with spontaneous preterm labour.

| Maternal Age | | | Obstetric Score | | |
|--------------|------------|------------|-----------------|------------|------------|
| Yrs. | No | % | Gravida | No | % |
| <22 | 31 | 29.5 | G1A0 | 43 | 41.0 |
| 22-25 | 27 | 25.7 | G2A1/G3A2 | 26 | 24.8 |
| 25-30 | 27 | 25.7 | G2P1 | 30 | 28.5 |
| >30 | 20 | 19.0 | >G3P2 | 6 | 5.7 |
| Total | 105 | 100 | Total | 105 | 100 |

Table 1. Maternal Age and Obstetric Score

| Gestational Age (Weeks) | No. of Cases | % |
|-------------------------|--------------|------------|
| >28 – 33.6 | 40 | 38.1 |
| >34 – 36.6 | 65 | 61.9 |
| Total | 105 | 100 |

Table 2. Gestational Age

| Swab Culture Report | No | % |
|-----------------------|------------|------------|
| Sterile | 84 | 80.0 |
| E. coli | 9 | 8.5 |
| Klebsiella | 5 | 4.8 |
| Staphylococcus aureus | 4 | 3.8 |
| Candida | 2 | 1.9 |
| MRSA® | 1 | 1.0 |
| Total | 105 | 100 |

Table 3. Vaginal Swab Cultures

®Methicillin resistant Staphylococcus aureus

| Diagnosis | | Positive Culture | Sterile Culture | Total |
|----------------|--------------|------------------|-----------------|-------|
| PPROM | No. of swabs | 16 | 58 | 74 |
| | % of swabs | 15.23 | 55.23 | 70.5 |
| Preterm Labour | No. of swabs | 5 | 26 | 31 |
| | % of swabs | 4.7 | 24.76 | 29.5 |
| Total | No. of swabs | 21 | 84 | 105 |
| | % of swabs | 20 | 80 | 100 |

Table 4. Vaginal Swab Reports in Preterm Labour / PPRM

| Antimicrobial Agent | Sensitivity | No. of Cases | % |
|---|-------------|--------------|-------|
| Penicillin | No | 18 | 85.7 |
| | Yes | 3 | 14.2 |
| 1 st & 2 nd Generation Cephalosporins | No | 17 | 80.9 |
| | Yes | 4 | 19.1 |
| 3 rd & 4 th Generation cephalosporins | No | 10 | 47.6 |
| | yes | 11 | 52.4 |
| Erythromycin | No | 9 | 42.8 |
| | Yes | 12 | 57.1 |
| Gentamycin | No | 6 | 28.57 |
| | Yes | 15 | 71.42 |
| Amikacin | No | 4 | 19.1 |
| | yes | 17 | 80.9 |
| Clotrimazole | No | 18 | 85.7 |
| | yes | 3 | 14.2 |
| Ciprofloxacin | No | 11 | 52.4 |
| | yes | 10 | 47.6 |
| Cefaperazone-Sulbactum | No | 3 | 14.2 |
| | Yes | 18 | 85.7 |

Table 5. Antibiotic Sensitivity in Positive Culture

| Antibiotic Sensitivity | E. coli % | Klebsiella % | Staphylococcus aureus % | MRSA % | Candida % |
|---|-----------|--------------|-------------------------|--------|-----------|
| Penicillins | 11.1 | 0 | 50 | 0 | 0 |
| 1 st & 2 nd generation cephalosporins | 11.1 | 0 | 50 | 0 | 0 |
| 3 rd generation cephalosporins | 50 | 0 | 75 | 0 | 0 |
| Erythromycin | 66.6 | 66 | 75 | 0 | 0 |
| Gentamycin | 66.6 | 100 | 75 | 100 | 0 |
| Amikacin | 88.8 | 100 | 100 | 100 | 0 |
| Ciprofloxacin | 33.3 | 60 | 50 | 100 | 50 |
| Cephaperazone-Sulbactum | 88.8 | 100 | 75 | 100 | 0 |
| Clotrimazole | 0 | 0 | 0 | 0 | 100 |

Table 6. Antibiotic Sensitivity of Respective Organism Isolated

| Baby Weight | | Sepsis Features | | Total |
|-------------|-------|-----------------|-------|-------|
| | | No | Yes | |
| <1 Kg | Count | 0 | 5 | 5 |
| | % | 0.0 | 4.76 | 4.76 |
| 1 Kg-1.4 Kg | Count | 7 | 14 | 21 |
| | % | 6.6 | 13.3 | 19.9 |
| 1.5-2.5 kg | Count | 44 | 17 | 61 |
| | % | 41.9 | 16.19 | 58.1 |
| >2.5 Kg | Count | 18 | 0 | 18 |
| | % | 17.1 | 0.0 | 17.1 |
| Total | Count | 69 | 36 | 105 |
| | % | 100 | 100 | 100 |

Table 7. Association between Birth Weight and Neonatal Sepsis

$\chi^2 = 36.08$ $p = .000$; $p < 0.05$

Analysing baby weight and neonatal sepsis, all the 5 babies with birth weight <1kg showed features of neonatal sepsis (100%) while 14 babies were affected in group with

weight between 1-1.4 kg and none were affected with weight >2.5 kg.

| | | No. of babies | % of Total babies |
|----------------|---------|---------------|-------------------|
| Sepsis | Absent | 69 | 65.7 |
| | Present | 36 | 34.3 |
| NICU admission | No | 51 | 48.6 |
| | Yes | 54 | 51.4 |
| NND | Absent | 89 | 84.8 |
| | Present | 16 | 15.2 |

Table 8. Sepsis / NICU Admission / NND

Incidence of neonatal sepsis, NICU admission and neonatal deaths in this study were 34.3%, 51.4% and 15.2% respectively. Most of the babies of NND were extremely preterm.

| Maternal Age (Yrs.) | | Membrane Status | | Total |
|---------------------|----|-----------------|---------|-------|
| | | Absent | Present | |
| < 22 | No | 24 | 7 | 31 |
| | % | 22.9 | 6.7 | 29.5 |
| 22 – 25 | No | 17 | 10 | 27 |
| | % | 16.2 | 9.5 | 25.7 |
| 25 – 30 | No | 17 | 10 | 27 |
| | % | 16.2 | 9.5 | 25.7 |
| >30 | No | 16 | 4 | 20 |
| | % | 15.2 | 3.8 | 19.0 |
| Total | No | 74 | 31 | 105 |
| | % | 70.5 | 29.5 | 100 |

Table 9. Maternal Age and Preterm Labour

$X^2 = 3.17$; $p=0.376$ $p > 0.05$

No statistical association between maternal age, preterm labour and PPRM.

| Obstetric Score | | PPROM | Preterm Labour | Total |
|-----------------|----|-------|----------------|-------|
| G1 A0 | No | 31 | 12 | 43 |
| | % | 29.5 | 11.4 | 41.0 |
| G2A1 | No | 20 | 6 | 26 |
| | % | 19.04 | 5.71 | 24.8 |
| G2P1 | No | 18 | 12 | 30 |
| | % | 17.14 | 11.42 | 28.6 |
| >G3P2 | No | 5 | 1 | 6 |
| | % | 4.76 | 0.95 | 5.7 |
| Total | No | 74 | 31 | 105 |
| | % | 70.46 | 29.5 | 100 |

Table 10. Obstetric Score and Preterm Labour

$X^2 = 2.62$; $p=0.453$ $p > 0.05$

| Sepsis | | Swab Culture | | | | | Total | |
|---------|----|--------------|---------|------------|---------------|---------|-------|------|
| | | Sterile | E. coli | Klebsiella | Staph. Aureus | Candida | | MRSA |
| Absent | No | 63 | 1 | 2 | 1 | 2 | 0 | 69 |
| | % | 60 | 0.95 | 1.9 | 0.95 | 1.9 | 0.0 | 65.7 |
| Present | No | 21 | 8 | 3 | 3 | 0 | 1 | 36 |
| | % | 20 | 7.61 | 2.85 | 2.85 | 0.0 | 0.95 | 34.3 |
| Total | No | 84 | 9 | 5 | 4 | 2 | 1 | 105 |
| | % | 80 | 8.56 | 4.75 | 3.8 | 1.9 | 0.95 | 100 |

Table 12. Positive Swab Culture and Neonatal Sepsis

Neonatal sepsis was found in 88% of E coli and 100% of MRSA positive cultures.

| NND | | HVS | | |
|---------|--------------|---------|----------|-------|
| | | Sterile | Positive | Total |
| Absent | No. of swabs | 78 | 11 | 89 |
| | % | 74.28 | 10.47 | 84.8 |
| Present | No. of swabs | 6 | 10 | 16 |
| | % | 5.71 | 9.52 | 15.2 |
| Total | No. of swabs | 84 | 21 | 105 |
| | % | 80 | 20 | 100 |

Table 13. NND and HVS Culture Reports

$X^2 = 21.76$; $p=0.001$ $p < 0.05$.

There is no association between obstetric score and preterm labour.

| Neonatal Sepsis | | Vaginal Swab Reports | | |
|-----------------|--------------|----------------------|----------|-------|
| | | Sterile | Positive | Total |
| Absent | No. of swabs | 63 | 6 | 69 |
| | % | 60 | 5.7 | 65.7 |
| Present | No. of swabs | 21 | 15 | 36 |
| | % | 20 | 14.3 | 34.3 |
| Total | No. of swabs | 84 | 21 | 105 |
| | % | 80 | 20 | 100 |

Table 11. HVS Culture and Neonatal Sepsis

$X^2 = 23.03$; $p=0.00005$.

On analysing, the relationship between the HVS culture positivity and neonatal sepsis is statistically significant.

Sixteen out of 105 babies died during early neonatal period. Of 21 swab positives, 10 babies died during neonatal period (47%). Of 84 swab negatives, 6 babies died in neonatal period (7.1%).

| Baby Weight(kg) | | NND | | Total |
|-----------------|----|-------|------|-------|
| | | No | Yes | |
| < 1 Kg | No | 0 | 5 | 5 |
| | % | 0.0 | 4.76 | 4.8 |
| 1 – 1.4 Kg | No | 11 | 10 | 21 |
| | % | 10.47 | 9.52 | 20.0 |
| 1.5 – 2.5 Kg | No | 60 | 1 | 61 |
| | % | 57.14 | 0.95 | 58.1 |
| >2.5 Kg | No | 18 | 0 | 18 |
| | % | 17.1 | 0.0 | 17.1 |
| Total | No | 89 | 16 | 105 |
| | % | 85 | 15 | 100 |

Table 14. Birth Weight and NND

$\chi^2=50.6$ $p=.000$; $p<0.05$.

There is a statistically significant relation between birth weight and neonatal sepsis.

| | | Sepsis Features | | Total | |
|----------|----|-----------------|---------|-------|------|
| | | Absent | Present | | |
| Baby Sex | F | No | 35 | 20 | 55 |
| | | % | 33.3 | 19.0 | 52.4 |
| | M | No | 34 | 16 | 50 |
| | | % | 32.4 | 15.2 | 47.6 |
| Total | No | 69 | 36 | 105 | |
| | % | 65.7 | 34.3 | 100 | |

Table 15. Baby Sex and Neonatal Sepsis

$\chi^2=.070$; $p=.791$ $p>0.05$.

Baby sex and neonatal sepsis is statistically not significant.

DISCUSSION

Total number of deliveries of the institution during the study period was 5349, of which 570 were preterm deliveries (10.66%). The percentage of preterm birth was 11.7 in UK in 2011 as per Mathews TJ et al.² The incidence of preterm birth has been estimated to be 12-13% in United States in 2011.¹ In India, preterm labour accounts to 7 – 10% of total births.⁷ The percentage of preterm birth in the present study is comparable with other studies.

A study by Martin JA, Hamilton BE et al showed that in US, late preterm contributes to over 70% of preterm births.⁸ In this study, out of 105 preterm deliveries, 40(38.1%) were early preterm and 65 (61.95%) were late preterm deliveries and comparable between studies.

In the present study, 29.5% were under the age group of 22 years and 19% were above 30 years of age and thereby showing no relation between maternal age and preterm birth. Primigravida were 43(41%), G₂A₁ 26(24.8%), G₂P₁ 23(28.6%), G₃P₂ or more 6(5.7%). No statistical association between obstetric score and preterm birth.

Analysing 105 vaginal swabs, 31 were obtained from spontaneous preterm labour and 74 from PPRM. Eighty-four (80%) were culture negative and 21(20%) were culture positive. In the present study, prevalence of maternal genital tract infection in preterm labour is 20% and the same is 21.6% and 16.1% in PPRM and spontaneous preterm labour respectively.

Among the 21 cultures found positive, the most common organisms isolated were E coli (8.6%), Klebsiella (4.8%), Staph. aureus (3.8%), Candida (1.9%) and MRSA (1%). Group B Streptococcus was not isolated. Study by Goncalves LF et al⁹ showed that positive vaginal swab cultures were obtained for 10-40% of preterm labour. An Indian study by Taralekar et al¹⁰ states that infection is 2-3 times more common in patients with PPRM as compared to PROM. HVS cultures showed microbial growth in 60% cases of threatened preterm labour and 56% cases of PPRM and concluded that vaginal infections increase the incidence of preterm labour and PPRM. Commonest organisms isolated in the study were comparable.

C. Karat et al¹¹ in a case control study found that E coli and Staph aureus were significantly associated with occurrence of PPRM. Group B Streptococcus and P Mirabilis were also isolated though not found in control group. Erich Hafner et al¹² found a significant association between Streptococci colonization and preterm birth. A study by Krychowska-Cwikla A et al¹³ showed high virulence bacteria in vaginal swab culture and a statistical significance. Enterococci occurred significantly more frequently in pregnancies complicated with PPRM. Bacterial vaginosis and E coli are independent risk factors for preterm labour and PPRM.

Dr. T. Seshasai et al¹⁴ in their study of endocervical swab cultures in preterm labour and PPRM, found 41.7% as culture positive. The organisms isolated were comparable with the present study, E coli being the commonest microbial isolated and sensitive to Amikacin and Gentamycin. Cephalexin was found to be effective against most of the organisms including E coli by Taralekar Vaishali et al.¹⁰ In our study most of the strains were sensitive to Cefaperazone-Sulbactam, Klebsiella and MRSA being 100% sensitive. Taralekar et al¹⁰ shows that 90% of threatened preterm cases are conserved by prompt treatment of infection. Most strains were resistant to Penicillins. From the more recent studies, Ampicillin resistant organisms are more common in maternal genital infections and associated with early neonatal sepsis.¹⁰

Some organisms like Gardnerella vaginalis, Fusobacterium, Mycoplasma hominis and Ureaplasma urealyticum are detected more frequently than others in amniotic fluid of women with preterm labour.^{15,16} But these organisms cannot be detected by conventional culture methods. In the present study HVS reports didn't show Group B Streptococci as in our Department of Microbiology, routine swab cultures are done in MacConkey's medium and hence prevalence in this study will be less than the actual.

The incidence of neonatal sepsis is 34.3% (36) and 54(51%) babies needed NICU care. Among 21 culture positive mothers, 15 babies had sepsis (71.42%). E coli and MRSA positive cultures had associated neonatal sepsis in 88% and 100% babies respectively. Stoll BJ et al¹⁷ found a reduction in Group B Streptococcal sepsis and increase in E coli with no change in the overall rate of early onset sepsis. Neonates with early onset sepsis were more likely to die, especially when infected with coliforms.^{10,17}

There were 16(15.2%) neonatal deaths in this study and all had features of sepsis. Maternal genital tract infection was associated with 71.4% NND (10 /16 babies). David P. Vander Ham et al¹⁸ observed 3.4% neonatal sepsis with PPRM. In this study, there is a relation between baby weight, neonatal sepsis and neonatal death. Extreme preterm and low birth weight babies are more susceptible to sepsis. All 5 babies with weight <1 kg. succumbed to neonatal death due to sepsis. Though study by Stoll BJ et al¹⁹ have challenged this finding, evidences show that very small newborns are at increased risk for sepsis. On analysing this study, there is no statistically significant relation of baby sex with neonatal sepsis and death. Many studies showed that male babies have two fold increased risk for neonatal sepsis.

CONCLUSION

Maternal genital tract infection is one of the causes of preterm labour and PPRM. Prevalence of lower genital tract infection in the present study is 20% and is associated with early neonatal sepsis and neonatal death. Incidence of neonatal sepsis observed is 34.3% and 47.6% of this is found in babies whose mother had lower genital tract infections. Most common organism isolated in HVS was *E. coli*. Most of the organisms were sensitive to Cefaperazone-Sulbactam and resistant to Penicillin group of antimicrobials including Ampicillin.

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